

Crossfire SELECT

PRACTICE GUIDELINES FOR PLAYERS



In the Know

Note your availability in Teamsnap at least 24 hours before practice. Make sure you know your field number before you arrive at practice.



Take Your Temperature

If you're not feeling well, send a message to your coach letting them know you're skipping practice. If you don't feel well at practice, don't be afraid to tell the coach.



Check the Time

Don't arrive more than 5 min. before practice starts, and clear the fields immediately after.



Wear a Mask

Players must wear a mask while walking to and from the field, and while not actively practicing. Enter and exit fields only where instructed.



No Contact

Keep distance between you, other players, and coaches. Place bags 6 feet apart. No hugs, high fives, fist bumps, or handshakes. Only players and coaches are allowed on the fields.



Keep it Clean

Use hand sanitizer before and after practice. Don't share equipment, bring your own water and ball. Do not touch cones or goals.



Stick to Your Group

Make sure to stay with the group you've been assigned. Players may not join other practices.