



Playing Up Guidelines (reviewed April 2022)

Teams are formed based on birth year. Our emphasis will be on creating full teams of age appropriate players in each age group in order to maximize the soccer opportunities for all participants.

When it is appropriate for development, the opportunity for the exceptional player to play with older age groups may be approved. If a player's correct age group is unable to provide the player with the training, coaching and/or competition that he or she needs, strong consideration will be given to allowing the player to play at the next age group.

The Club may deem it necessary or appropriate from time to time to place a player in a higher age group in the best interest of the club (for example, if the ability to form a team depends on relocating some players from one age group to another).

U10-U15 play up is strictly limited to players that demonstrate an ability in line with the top 1/3 of the older age group. Decision is made by player and coaches with Director of Coaching approval.

U16-U19 we assume that players are playing at levels consistent with their abilities (C team, JV, Varsity) therefore play ups allowed by coach discretion with Director of Coaching approval.

Decisions are informed by player age, skill and team capacity. The decision will be reviewed from year to year.